

PRESS RELEASE

Day 3 of RING 2026 Witnesses Thrilling Indigenous Sports Competitions

Imphal, 23 May 2026: The third day of RING 2026 – Revival of Indigenous Native Games turned into an action-packed celebration of Manipur’s rich indigenous sporting traditions, with exciting competitions in Mukna, Thang-Ta, and Kang drawing enthusiastic participation and spectators across venues at Khuman Lampak Stadium Complex.

The day’s events were attended by distinguished Special Guests including Dr. Sinam Rajen Singh, Retd. HoD, Department of Urology, RIMS; Dr. Rajkumar Lenin, Retd. HoD, Department of Psychiatry, RIMS; Shri Laishram Guna Singh, President, ACCSA; Smt. Khulem Memtombi Devi, Principal, CC Higher Secondary School; Dr. Barindra Sharma Adhikarimayum, HoD, Department of Transfusion Medicine, RIMS; and Shri Ningthemba Chingsubam, Vice President, ACCSA.

The competitions for Mukna and Thang-Ta were held at the Khuman Lampak Indoor Stadium, while the Kang competition took place at the Kangshang located within the Khuman Lampak Stadium Complex.

The day witnessed the continuation of intense Mukna bouts along with the commencement of the Thang-Ta competitions, showcasing the discipline, strength, and cultural depth embedded in Manipuri indigenous martial traditions. Simultaneously, traditional Kang matches at the Kangshang added to the vibrant atmosphere of the festival.

In the Mukna competition, T Nanao Singh of Bishnupur will play against Kh Bungobi Singh of in the 65–75 kg category in the finals. In the 75–85 kg category, Th. Ningthemba of Langol Lairembi will play U. Naocha Singh of Bishnupur in the finals. In the 85 kg and above category, M. Abiya Singh of Kakching will meet Sh. Avinash Singh of Khangabok for the gold.



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The organisers informed that all Mukna final matches will be played tomorrow at the same venue. Finals of Thang-Ta and Kang competitions will also be held at their respective venues on the concluding day of the festival competitions.

The organising committee stated that RING continues to provide an important platform for reviving indigenous games while inspiring younger generations to reconnect with their cultural roots through sports, tradition, and community participation.

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END NOTE

RING 2026 stands as a celebration of heritage, identity, youth participation, and the timeless spirit of indigenous games. Through this initiative, traditional sporting practices will not only be preserved but also reintroduced to a new generation with pride and purpose.

